

MOVEMENT MEDICINE FOR THE BODY, HEART & MIND

The Poetry of Presence

a weekend workshop with Ya'Acov Darling Khan

Amsterdam

2 - 3

June 2012

Plus Move!

Introductory Evening
on Friday 1 June

"I remember the story of the old man who said on his deathbed that he had had a lot of trouble in his life, most of which never happened." Winston Churchill

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SCHOOL OF MOVEMENT MEDICINE

www.schoolofmovementmedicine.com

DARE TO DANCE · DARE TO DREAM

Movement Medicine weaves together the exhilaration of free dance with the depth of movement meditation and the spirit of shamanic practice. **The Poetry of Presence** workshop offers tools to integrate the freedom of the dance with the emotional intelligence of the heart and the creativity, imagination and power of the mind.

Human beings are storytellers and meaning makers. To a large extent, our experience of life is directed by the stories we are telling. And, oh, the stories we tell! Much of the time, our thinking mind leads us up winding alleys that lead us nowhere. The mind is potentially such a powerful, intuitive tool, especially when connected to the inventive capacity of the dancer in you. And yet it largely runs on out-of-date programmes. These programmes affect our perception that, in turn, affects how we feel, act and experience our lives. This is an opportunity to download a few updates!

Move! is a simple and invigorating introduction to Movement Medicine.

Dutch studios & catering / Focus, Isolatorweg 36, 1014 AS Amsterdam

Move! Friday 1st June 19.00 - 22.00

The Poetry of Presence: Saturday 2nd 10.30 - 18.30 • Sunday 3rd 11.00 - 18.00

Cost: Move! Friday evening only: €25

The Poetry of Presence (includes Move!) €200, if booked and deposit paid before Marth 15th, €175.

Booking Information: Karuna-events (Frank Beyleveld) • www.karuna-events.nl • info@karuna-events.nl

Banknr: 7 0960 92 • IBAN: NL68INGB0007096092 • BIC: INGBNL2A • Bank name: INGBank NV

The Poetry of Presence gives you the opportunity to:

- Align, connect and spring-clean the body, heart and mind
- Open the mind to receive the new inspiration that comes with the spring
- Rediscover and affirm the poetry of your own presence
- Rediscover the power you have to change your perception of yourself & each other
- Reaffirm your role as the co-creator of the life you live and the world we live in

Prerequisites: None, open to all.



Ya'Acov has been studying and practising shamanism all his life with many gifted teachers and he brings a wealth of experience and knowledge to his work. His workshops are deeply practical and down to earth as well as catalytic, transformative, uplifting and inspiring.